

Ouija Ritual: Open, Connect & Close Safely

Opening the Ritual:

- Cleanse your space with smoke, sound, or salt.
- Light a white candle or place a protective crystal nearby (black tourmaline or obsidian).
- Say aloud: "I open this space with light and intention. Only energies of truth, love, and protection may enter."

During the Session:

- Keep your question clear and focused.
- Never demand or provoke.
- If energy feels 'off', calmly end the session.
- Suggested questions:
 - Is there a message for me today?
 - Are any spirit guides present?
 - What guidance can help me move forward?

Closing the Ritual:

- Thank the spirits (even if nothing came through).
- Say aloud: "I now close this session with respect. All energies are released. Only peace remains."
- Move the planchette to GOODBYE.
- Snuff the candle and cleanse again if needed.